

Mains

Breakfast Tacos ● ○ 14

pasture-raised scrambled eggs, lime, cilantro,
 red onion, avocado salsa, heirloom organic corn tortillas
 substitute siete chickpea flour tortillas +2
 add bacon +3
 add mushrooms +4

Vegan Breakfast Tacos v 14

vegan chorizo, avocado, watermelon radish, lime, cilantro,
 red onion, salsa verde, chili adobo, heirloom organic corn tortillas
 substitute siete chickpea flour tortillas +2
 add mushrooms +4

Avocado Toast v ♻️ 13

organic chia cashew pesto, tomato, pickled onion,
 “it’s all good” gluten free bread

Bone Broth

Organic Pasture-raised Chicken ≡ ○ 12

simmered overnight with vegetables and herbs

Texas Wagyu Grass-fed Beef ≡ ○ 12

simmered overnight with roasted vegetables & herbs

Vegan ≡ ○ 11

mushroom, lentil, tomato

Sides

Two Pasture-raised Eggs Any Style ● 6

Uncured Bacon 6

the entire menu is free of gluten, soy, peanut, seed oil & refined sugar.
 the only oils we use are olive, coconut, & zero acre farms.

V: vegan ●: vegetarian ♻️: contains nuts ○: allium ≡: make it spicy

Specialty Drinks

*iced only

Citrus Hibiscus v 5

black tea, rose petals, hibiscus, orange infused agave

Blueberry Refresh v 6

green tea, frozen blueberries, agave, lime juice

Matcha Tonic 7

Vanilla Maca 8

housemade cold brew coffee, maca, vanilla, housemade organic- cashew milk, medjool date, collagen, mct oil

Blue Matcha Latte v 9

ceremonial grade matcha, blue spirulina, housemade organic cashew milk, vanilla, monk fruit

Cacao Hot Chocolate ● 5

local honey, mushroom adaptogen blend

Butterfly Matcha v 7

house lemonade, butterfly pea flower tea, agave

Berry Matcha v 9

housemade organic cashew milk, organic strawberries

Coffee by Atlas

hot or iced

Drip 4

Housemade Cold Brew 4

Espresso 3.5

Americano 3.5

Cappuccino 4.5

Mocha 5.5

Latte 5.5

Tea

hot or iced

Golden Milk Latte 4.5

Chai Tea Latte 5.5

Nekohama Matcha 6

Nilgiri Jade Green 4

Assam Black 4

add: mushroom adaptogen blend +1.75, MCT oil +1.5, collagen peptides +2.5

sweetener options: monk fruit, stevia, maple syrup, raw local honey, lavender honey syrup +1

milk options: organic whole milk, organic half and half, organic housemade cashew milk +1, oat milk +1