BRUNCH

THE WELL

19

9

9

9

Saturday & Sunday 8:00am-3:00pm

Avocado Toast o
smashed avocado, vegan parmesan,
watermelon radish, fresno chili relish, red onion,
sunflower seeds, lime, sprouts
Vegan Caesar o
romaine heart, chicories, broccoli, cherry tomato,

sprouts, housemade crouton, vegan parmesan,

Breakfast Tacos •

caesar dressing

scrambled eggs, avocado, watermelon radish, lime, cilantro, red onion, salsa verde, chili adobo, housemade cassava tortilla

Migas Tacos •

pasture-raised scrambled eggs, turmeric, ginger, cherry tomato, cilantro, red onion, ginger pepper vinaigrette, housemade cassava tortilla

Vegan Chorizo Tacos ochickpea & lentil "chorizo", sweet potato, salsa matcha, pickled cauliflower, daikon sprouts

Chilaquiles ● ⑤ sunny side up eggs, avocado, cauliflower, carrot, red onion, cilantro, sunflower seeds, fermented chili, pecan mole, housemade cassava tortilla chips

Sweet Potato Hash ● poached eggs, chickpeas, kale,

smoked mushrooms, red onion, olives

Steak & Eggs

texas wagyu beef, sunny side up eggs, quinoa, red onion, peppers, parsley, red pepper puree

Patty Melt

texas wagyu beef patty, housemade gluten-free toast, caramelized onions, dairy-free queso, fermented chili, sweet potato chips

add: smoked boiled egg +3, scrambled eggs +4 housemade bacon +4, smoked mushrooms +4 chickpea & lentil "chorizo" +4, salmon +6, texas wagyu beef +7

The entire menu is free of gluten, dairy, soy, peanut, and refined sugar.

The only oils we use are avocado, coconut & olive.

∴ Vegan∴ Vegetarian∴ Contains nuts

2	Fish & Chips
	marinated and dairy-free tartar cauce

marinated cod, dairy-free tartar sauce, turmeric, apple cider vinegar, sweet potato chips

Organic Chicken Bone Broth

organic free-range chicken bones simmered overnight with carrots, celery, onion, garlic, tomato, fresh herbs, white wine, apple cider vinegar add: ginger & turmeric +2, coconut curry +2,

brown rice, chickpeas, green peas & carrots +3, chicken +3

Organic Beef Bone Broth 11 grass-fed beef bones simmered overnight with

carrots, celery, onion, garlic, tomato, fresh herbs, red wine, apple cider vinegar

add: brown rice, chickpeas, green peas & carrots +3 chicken +3

Build Your Own Chia 13 & Basil Seed Pudding © © oat milk, coconut cream, monk fruit, berries,

housemade granola, local honey

add: matcha, blue spirulina or collagen peptides +3 goji berries, golden berries, cacao, ground flax, hemp hearts, bee pollen or coconut +1

Build Your Own Overnight Oats ○ ○ oat milk, hemp hearts, ground flax, cinnamon, monk fruit, housemade granola, almond butter add: MCT oil +2, goji berries, cacao, ground flax, hemp

CRAFTED

apple cider vinegar, sparkling water

COCKTAILS

24

hearts, bee pollen, golden berries, coconut +1

Valldemossa 14 prairie gin, lime juice, pineapple juice, leopold orange liqueur, white wine blend, dandelion honey,

Bloody Mary 12 tru garden vodka, housemade bloody mary mix,

lime juice, habenero tincture, turmeric pickles

Morning Glow	14
frankly apple ginger vodka, chinola passion fruit,	
vanilla agave, lemon juice, cava	

Mimosa 9 juve camps cava, orange juice

Mimosa Flight 65

bottle of juve & camps cava, 3 cold-pressed juices